

GEICO Hosts The Second Annual

# WOUNDED MARINE



# 5K



## & Noblemen Kids Fun Run!

Kids Fun Run Sponsored by The Noblemen ([www.thenoblemen.com](http://www.thenoblemen.com))

**SATURDAY, September 13, 2008 at 9:00 A.M. (Rain or Shine!)**

Since November 10, 1775 the Marines have been fighting on the front lines for our freedom. Now, 232 years later, your opportunity has come to be a part of helping those who have come back from the fight.

### The Wounded Marine and Family Assistance Program

The Wounded Marine & Family Assistance Program is a nonprofit 501(c)(3) organization dedicated to support the Marines wounded in the pursuit of our freedom, and their families who often bear tremendous emotional, physical and financial hardship as a result of the injury, recovery or absence of their loved ones. The cost of freedom is high, and our mission is to ensure that our heroes receive all of the support they need and deserve.

This year you can be one of the many runners who join the nation's fighting men September 13 at 9:00 a.m. at the second annual Wounded Marine 5K & Kids Fun Run. The fun run is sponsored by The Noblemen ([www.thenoblemen.com](http://www.thenoblemen.com)) is free and for kids under the age of eight with goody bags for every child crossing the finish line.

### 5K REGISTRATION FORM

(Register by mail or online at [www.active.com](http://www.active.com).)

FIRST NAME: \_\_\_\_\_ MI \_\_\_\_\_ LAST NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE #: ( ) \_\_\_\_\_ EMAIL: \_\_\_\_\_ AGE ON RACE DAY: \_\_\_\_\_ SEX: M F

T-SHIRT SIZE: S M L XL (circle one)

MAY WE ADD YOU TO OUR WOUNDED MARINE E-NEWSLETTER TO KEEP YOU INFORMED OF FUTURE NEWS AND EVENTS? YES \_\_\_\_\_ NO \_\_\_\_\_

I know that running a road race is a potentially hazardous activity. I should not enter & run unless I am medically & properly trained. I agree to abide by the decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to falls, contact with other participants, the effects of the weather, including heat & humidity, traffic & the conditions of the road, all such risks being known & appreciated by me. Athletes found positive for banned substances or who refuse to be tested will be disqualified from this event & will lose eligibility for future competitions. Some prescription & over the counter medications contain banned substances. Information regarding drugs & drug testing may be obtained by calling the USOC Hot Line at 800-233-0393. Having read this waiver & knowing the facts & in consideration of your accepting my new entry, I, for myself & anyone entitled to act on my behalf, waive & release Bull and Crowley MediaWorks, The Wounded Marine Program, The Marine Corps League, The Tidewater Striders, the City of Virginia Beach, Race Officials, volunteers & all sponsors, their representatives & successors from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all the forgoing to use my photographs, motion pictures, recordings or any record of this event for any purpose. I understand this race is not conducted for individuals with baby joggers, baby strollers, headphones, skates, roller blades, skateboards & dogs or any other pets on leashes, & I will abide by these guidelines.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parents Signature (if under 18) \_\_\_\_\_ Date: \_\_\_\_\_

**Make checks payable to:**

**Wounded Marine Program**

Mail to: Wounded Marine Program

P.O. Box 64034

Virginia Beach, Virginia 23467-4034

For more information visit [www.woundedmarine.com](http://www.woundedmarine.com)

**JOIN TEAM WOUNDED MARINE!** As a member of the team you will be part of a growing number of running warriors who are making a difference in the lives of our Marines. In its first year, members of Team Wounded Marine Hampton Roads have as their goal to raise one dollar for every year our Marines have been fighting for our freedom. Founded in November 1775, the Marines have 232 years of history, and each member of the team will raise a minimum of 232 dollars. As a team member you will receive a special gift bag on race day that includes a specially designed Team Wounded Marine running shirt to wear during the event, and other special gifts. For more information on Team Wounded Marine Hampton Roads, email Maribeth at [mvance14@verizon.net](mailto:mvance14@verizon.net) or visit the web site at [www.woundedmarine.com](http://www.woundedmarine.com).

## **SPECIAL ATTRACTIONS & EVENTS!!!**

\* Kids Fun Run \* Fabulous prizes \* Marine VIPs \*Test your Strength! \*Raffle Prizes

**TIME & PLACE:** Saturday, September 13. The Noblemen Kids Fun Run will start at 9:00 AM followed by the start of the 5K at 9:15AM. Race start & finish are located at the front of CBN/Regent University & the Operation Blessing Headquarters at 977 Centerville Turnpike in Virginia Beach (just off Hwy. 64 on Indian River Road.)

**REGISTRATION & ENTRY FEE:** 5K: \$20 pre-registration if post- marked by September 8, \$25 fee after September 8 & race day. Race day registration & packet pick-up will be from 7:00AM until 8:45AM. *T-SHIRT & GIFT BAGS ARE GUARANTEED FOR ALL PRE-REGISTERED RUNNERS!* Race-day gift bags on a first-come, first-served basis. No entry fees will be refunded. Kids Fun Run is free for children 8 & under.

**AWARDS:** Go to top 3 male & female finishers & as indicated below.

Male & Female overall: (3 each)

Male & Female (3 each): 8-12, 13-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60 & over

## **SPECIAL DRAWINGS! SPECIAL DEMONSTRATIONS! MAKE SURE TO DONATE!**

For every additional \$5 you donate to the Program, you will get a raffle ticket for an extra chance to win one of the fabulous prizes. For example, donate twenty five dollars and get five tickets! Donations will be accepted before, during & after the race at the Bull & Crowley MediaWorks Registration Tent, located near the starting line.

**REFRESHMENTS ON RACE DAY:** Bagels, fruit & other foods & beverages will be provided to all runners.

**PARKING:** Is free & will be available at The Founders Inn, CBN & Regent University

**RACE INFORMATION:** For more information go to [www.woundedmarine.com](http://www.woundedmarine.com), or contact Tim Crowley, Race Director, at 757.620.0015, or Aaron Bull, Race Coordinator, at 757.620-7673.

## **Thanks to our Current Sponsors:**

### ***GEICO***

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*Operation Blessing International*

*Greenbrier Church*

*The Noblemen*

*The Law Firm of Marcus, Crowley & Liberatore*

*Japanese Auto Masters*

*The Tidewater Striders*